**Encounters with Jesus – #1 “A night in the cemetery”**

**AM TWIGS Class – Nov. 1st, 2020 The WALK Sheet**

**Watch the video – Finding Jesus in a radical way, Christian Leyden talks about his Encounter with Jesus and how his life was transformed. In most cases, encounters with Jesus happen when we are at our most vulnerable. What was Christians low point (Encounter with Jesus) that perpetuated his transformation?**

**The scripture verse I mentioned in my video is from 1John 3:18 “My child, our love should not be just words and talk; it must be true love, which shows itself in action.” After his encounter with Jesus, What was Christian’s action to show his love?**

**In the video “Dealing with Anxiety” write down the 5 hidden signs of anxiety. Talk with a parent if you are experiencing any of these.**

**1.**

**2.**

**3.**

**4.**

**5.**

**Write down the tips and tricks to overcome anxiety symptoms and**

**practice these daily. Be open to Encounters with Jesus to give you the strength and move from hiding to living for Jesus.**

**1.**

**2.**

**3.**

**4.**